

Cover Your Cough

Cover your mouth and nose when you cough or sneeze.

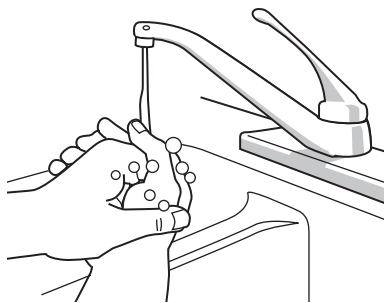
Put your used tissue in a waste basket.

You may be asked to put on a mask to protect others.



Clean Your Hands

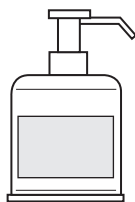
after coughing or sneezing



Wash your hands with soap and warm water for 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.

OR

Clean your hands with an alcohol-based hand sanitizer.



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