



Sleep Care

Welcome to Your ResMed AirSense™ 10 CPAP or Bilevel AirCurve™ 10 VAuto Machine

Follow These Simple Steps to Get Started

Step 1: Download the manufacturer's smartphone app, myAir™, to your mobile device. This app will guide you through the setup process. You can find the app by searching for myAir™ on the App Store or scan the QR code provided by Resmed.

Step 2: For additional therapy guidelines and education videos, go to the URL **Apria.com/sleep/getting-started** on your browser, or scan the QR code on your mobile device.

Step 3: Schedule set-up call — A text will be sent to your phone to schedule your call. If you don't have a set-up call scheduled, please contact us at **877-265-2426, option 4**, for assistance.

Step 4: Stay on top of your PAP therapy with myApria — Order eligible replacement supplies, update your profile, and manage your contact and insurance information with just a few clicks. Visit myApria.com or download the mobile app, **available in the App Store and Google Play**.



**Download
the App!**

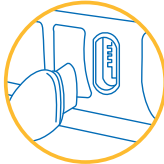


**Getting
Started**

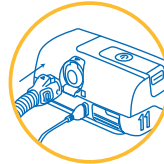
An **Accendra Health** Brand



1. Unbox Your CPAP Machine: Remove the machine, power cord, tubing, and mask.



2. Connect the Power Cord: Plug the power cord into the back of the machine and into a wall outlet.



3. Connect the Tubing: Attach one end of the tubing to the air outlet on the machine.



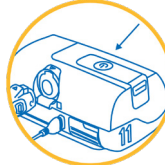
4. Connect the Mask: Attach the other end of the tubing to your CPAP mask.



5. Fill the Water Chamber (if applicable): Open the water chamber and fill it with distilled water to the fill line.



6. Put On Your Mask: Place the mask comfortably on your face, ensuring a secure fit.



7. Turn On the Device: Press the power button on the machine. There's no need to change any settings—**the device is already set up for your comfort.**

Need Help?

Sleep Coaches are available for any questions. Call us at:

877.265.2426 Option 4