

## Fit your mask. If your doctor prescribed a Attach the tubing to your mask. 11 2 specific mask and size, follow the fitting (If using prescribed oxygen, consult page 11 in instructions provided by the manufacturer. If your Apria Sleep Therapy User Guide.) you received a mask with multiple cushions, See User Guide page 11 follow these instructions: There is a mask cushion currently attached to the frame of your mask. This size fits most patients. Once you begin therapy, if your mask is leaking or feels uncomfortable, try removing the existing cushion and replacing it with a different size cushion. If you are between sizes, it is best to use the larger cushion. Use the Fitting Lie down and take four deep breaths. Template (for nasal mask and full face mask) 12 and/or the manufacturer's instructions included The machine should start automatically. If you do with your mask for help. not hear the machine start, press the Start Therapy/Standby button. Relax and begin to take See User Guide page 7 slow breaths through your nose. See User Guide page 12 Check for air leaks. 13 Small leaks are acceptable. If large leaks occur, consult your Apria Sleep Therapy User Guide. See User Guide pages 12-13 Nasal Mask **Nasal Pillow Full Face Mask** Mask Put on your mask. Your setup is complete. You are now ready to 14 begin your PAP therapy! See User Guide pages 8-10 See User Guide page 14 Attach the tubing to Make sure to follow the cleaning and 10 15 the PAP machine. maintenance instructions provided and review the recommended supply replacement schedule. See User Guide page 11 See User Guide pages 19-21



If you have any questions or need help setting up your device and getting started, please call us or visit **Apria.com/Sleep.** 

877.265.2426

Monday - Friday: 8 a.m. - 10 p.m. ET Saturday: 11 a.m. - 7:30 p.m. ET